



UNITED WAY DAYS **1,000 Acts of Caring**

OCTOBER 26-30, 2026

During the week of October 26, we're challenging our region to complete **1,000 Acts of Care**. If you're not able to volunteer at one our United Way events, below are some ideas of ways you can participate on your own time. Be sure to share your Act of Caring so we can count it toward the 1,000. You can email t.mills@uwscmi.org or sign up for our [free community platform and report there](#).

Acts of Caring Ideas

- Volunteer at your child's school
- Fill a Little Library
- Make a meal for your neighbor
- Offer to do yardwork for someone
- Donate food to a local pantry
- Give a ride to someone with transportation needs
- Donate furniture or household goods
- Offer cleaning assistance for someone
- Share your garden harvest
- Returning someone's cart from the grocery store
- Send an encouraging card to someone
- Donate personal care items
- Pay for lunches at your local public school
- Pick up trash in your neighborhood
- Pay it forward at a drive-thru
- Put out water/snacks for delivery drivers
- Offer to babysit for a friend or neighbor

Every act of care contributes to building stronger and more thriving communities.