# GET HELP, GIVE HELP



### **Emergency Food Access Information Sheet**

As the government shutdown continues, millions of families nationwide who rely on the Supplemental Nutrition Assistance Program (SNAP) will lose access to critical nutrition support. SNAP helps more than 1.4 million Michiganders afford groceries.

### FIND RESOURCES

### 211 Help Line

- Visit mi211.org/foodassistance to access information on local resources, or dial 2-1-1. The 211 information and referral center, available 24/7 to everyone in Michigan, is a confidential way to find upated information on available local resources.
- <u>Double Up Food Bucks</u> are still available for people with remaining SNAP benefits to use for fresh fruits and vegetables.
- For agencies or organizations with new or temporary food related programs, please be sure to update or add your information at <u>mi211.org/providers</u>

## **HOW TO HELP**

#### **Donate**

- Contribute funds or food to your local food bank.
  Visit the <u>Food Bank Council of Michigan</u> to find organizations closest to you.
- UWSCMI has activated our Disaster Relief Fund to support local nonprofit organizations offering foodrelated resources in our region. Give to this fund at <u>unitedforscmi.org/community-crisis</u>.
- Hunters can donate deer through <u>Michigan</u> <u>Sportsmen Against Hunger</u>.

### Volunteer

- For individuals: Explore volunteer opportunities at unitedforscmi.org/volunteer. Filter by interest to find "Food Prep" opportunities.
- For organizations in need of volunteers: Be sure your listings are updated. For help, <u>connect here.</u>

#### **Advocate**

 Act to Protect SNAP: Please reach out to your federal elected officials to ask them to protect federal food assistance. Click <u>here</u> to make your voice heard.

