

CHANGES TO WORK REQUIREMENTS FOR SNAP AND MEDICAID

Work requirements for Medicaid and SNAP have undergone major changes at the federal level that will impact families in the state of Michigan.

Medicaid Work Requirements

- **The New Rules:** Federal guidelines now require certain non-pregnant adults (ages 19–64) on Medicaid to complete 80 hours per month of work, community engagement, or approved job training.
- **Income Alternative:** Beneficiaries can also meet this requirement by demonstrating a monthly income of at least \$580 (equivalent to 80 hours at federal minimum wage).
- **Exemptions:** You are exempt if you are pregnant, disabled, medically frail, caring for a child under 14, or caring for someone with a disability.

*Source: <https://www.chcs.org/resource/a-summary-of-national-medicaid-work-requirements/>

SNAP Food Assistance Work Requirements

- **The New Rules:** Able-Bodied Adults Without Dependents (ABAWDs) aged 18 to 64 face strict time-limited food assistance rules. Recipients must work, volunteer, or participate in a work, community service or education program for at least 80 hours per month to receive benefits for more than 3 months in a 3-year period.
- **Local Context:** In Michigan, Time Limited Food Assistance (TLFA) work rules are rolling out statewide, requiring recipients to log 80 hours per month through employment, workfare, or Self-Initiated Community Service.

*Source: <https://www.chcs.org/resource/a-summary-of-national-medicaid-work-requirements/>

How do you document your work or volunteer hours?

Adults without young children who rely on Medicaid or SNAP must show that they spend at least 80 hours per month working, in job training through Michigan Works! (<https://www.michiganworks.org/>), or volunteering.

1. Be sure to manage your benefits and documentation in the MI Bridges system
2. Talk to a MI Bridges caseworker if you have questions about your benefits and exemptions.

MI Bridges Account Management System <https://newmibridges.michigan.gov/>

To calculate the number of hours to volunteer, divide your monthly SNAP benefits by 13.73 (Michigan's minimum wage).

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How can UWSCMI Help?

The United Way of South Central Michigan (UWSCMI) offers free volunteer support to residents and nonprofits to document volunteer service in our six counties: Calhoun, Clinton, Eaton, Ingham, Jackson and Kalamazoo.

If you are volunteering, visit *Get Connected in your community* (<https://unitedforscmi.org/volunteer/>) to find:

- A list of nonprofit partners who are prepared to provide community service verification.
- Volunteer opportunities hosted by nonprofit partners in your community.
- A place to report your volunteer/community service in your profile.
- Additional volunteerism resources.

If you are a nonprofit or community organization, please join *Get Connected* (<https://unitedforscmi.org/volunteer/>) for:

- Information to join as a nonprofit volunteer site.
- Document your volunteers' community service hours.
- Additional volunteerism resources.
- Join our Volunteer Coordinator Learning Cohort

For more information please contact:

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